

EAST COUNTY FIRE & RESCUE
Policies, Procedures, and Guidelines

SUBJECT: EST Guidelines

PPG NUMBER: 10.3.1

PAGE: 1 of 1

DATE OF ISSUE: 7-19-11

APPROVED BY: Michael J. Topp

REVISED: 11/21/2017

Board Chair

REVIEWED: _____ BY: _____

Emergency Support Team(EST) members are considered an integral part of East County Fire & Rescue, and as such, will be held to the same policies, procedures, and guidelines as other members.

Applications for membership will be available year-round, and new members will be accepted as needed. The need for new members shall be determined by a Chief Officer. Membership will be held to a maximum of ten (10) active EST personnel.

Although the members of the EST are considered support personnel, the job may require strenuous exercise and lifting. Therefore, the requirements in the EST Job Description must be met prior to obtaining a position with the EST (please see EST Job Description for a complete list of knowledge, skills, and abilities.) Example of requirements below:

- The individual must frequently lift, carry, balance, push, and/or move up to 10 pounds and occasionally lift, carry, balance, push, and/or move 100 pounds or more.
- Specific vision abilities required by this job include close vision, distance vision, color vision, peripheral vision, depth perception, and the ability to adjust focus.
- EST members should have adequate hearing that allows for understanding and comprehending radio communications.
- Must be able to continually meet District adopted medical standards for career staff, or BVFF medical standards for volunteer firefighter. (whichever is applicable)
 - EST members must meet Position Specific District Training Requirements.
 - EST members must obtain Respiratory Clearance and pass an N95 Fit Test.

EST members with Washington EMS certification (EMT or EMR) are considered eligible to participate in the Board for Volunteer Firefighters (BVFF) relief and pension plan. Those members will be enrolled in the BVFF disability and pension plans. Members must meet minimum activity requirements to receive service credits for retirement. EST members without Washington EMS certification will be covered under East County Fire & Rescue's VFIS Accident and Sickness policy for volunteers.